

LAKE PLACID OUTING CLUB



Summer 2017 Schedule 09-03

TRIP SIGN-UP PROCEDURE, UNLESS OTHERWISE NOTED:

- ~ Reservations required. Contact the trip leader **by 8 pm two days prior** to trip departure (for example, by 8 pm on Thursday for a Saturday trip), but **no earlier than two weeks prior**.
- ~ Reservations earlier than two days are permitted and, in fact, encouraged. If you are unable to keep the commitment, **be sure to cancel by the reservation deadline (8pm two days prior to trip)** so someone else can take your place. It is most unfair that trips have sometimes gone out under quota when there were people on a waiting list.
- ~ All trips are restricted to **12 maximum, including leaders**, no pets please. We ask your understanding of the need for a "first-come" basis. However, trip leaders will wait-list, and whenever possible we will reschedule overbooked trips, contact Mr. McMullen (523-2754).
- ~ All Trip Leaders – If water is involved, please take 30 minutes to complete online BSA Safe Swim Defense training at: www.lakeplacidoutingclub.org Also extremely helpful on the website are "Basic Leadership Principles" and "Parents' Primer".
Your review of these will help maintain the Club's record of safety and stewardship. Thank you.
- ~ Trip Leaders – Please record your trip data (participants, hours, etc.) at LPOC web site: http://www.lakeplacidoutingclub.org/trip_form.html or leave trip roster in blue pack at LPES.

SPECIAL EVENT: All LPOC members completing **any six days of trips** this summer are entitled to participate in a free **17-mile rafting trip** on the Indian and Hudson Rivers with Mr. Levenson and Adirondac Rafting, see Saturday, September 12th.

JUNE			
Sat. June 3	Mtn. Biking: Hardy Road and Wilmington Pump Track Mountain Bike/Swim: Start at pump track in Wilmington (carpool from LPES available upon request), then ride Hardy Road Trails. Finish with a swim at Wilmington Beach. Maximum number of kids = 8. MT bikes available for loan from LPES. Leaders: Mary Werner & Debbie Erenstone 524-8496 derenstone@gmail.com	9 - 2	B
Sat. June 3	Canoe: Floodwood Folsenby Clear Loop. Meet at LPES. Melanie & David Domico 424-6946, Don McMullen	8 - 5	B
Wed. June 7	Hike: MT Van Hoevenberg. Meet at LPES. Wynde Kate & Mimi Frantz 637-9889	3 - 6	C
Sat. June 10	Manhunt (Hide and Seek Game) @ Mirror Lake Park Ages 8 – 13. Meet @ Mirror Lake Park. Tara Wright 315-725-7398 & Mimi Frantz	8:30 - 9:45 PM	C
Sat. June 10	Beginner MT Bike Lessons and Bike Safety Check	1 - 4	C

LAKE PLACID CENTRAL SCHOOL, 34 SCHOOL STREET, LAKE PLACID, NY 12946

• LEARNING FOR LIFE •

	High Peaks MT Bike Center at Olympic Sports Complex Biathlon Center		
Sun. June 11	LP Marathon Volunteering		
Sat. June 17	Scavenger Hunt. Mirror Lake Park. Ages 3 - 7 (under 5 w/ parent). Tara Wright 315-725-7398	10 - 11 AM	C
Sat. June 17	Mtn. Biking: Hardy Road and Wilmington Pump Track Mountain Bike/Swim: Start at pump track in Wilmington (carpool from LPES available upon request), then ride Hardy Road Trails. Finish with a swim at Wilmington Beach. Maximum number of kids = 8. MT bikes available for loan from LPES. Mary Werner & Debbie Erenstone 524-8496 derenstone@gmail.com	9 - 2	B
Fri. June 23	Cobble Hill . Mr. John Spear and ?? JohnLSpear@gmail.com 518-586-1688,	9-12	C
Sun. June 25	Hike and Swim: Mt. VanHovevenberg & Heart Lake A pleasant, relatively easy hike with a big payoff Meet @ LPES. Drew and Tracy Bashaw	10 - 1	C
Sun. June 25	Hike and Picnic: Cobble Hill . Kristy Mihill 515-231-0665. Caycee Garcia 518-354-9692	10 - 2	C
Mon. June 26	Hike: Poke-O-Moonshine w/ Firetower. 1.2 mi, one-way, ascent 1280 ft. A steep, short hike with great views and a fire tower at the summit Robin Anthony 524-1970	8 - 1	C
Tues. June 27	Hike and Swim: Mt. Snow and AuSable River Melanie Damico 424-6946	9 - 1	C
Fri. June 30	Hike: Giant Mountain for youngsters and newer hikers (easy pace). Meet @ MT VanHoevenberg MT Bike Parking. Melanie Damico 424-6946 & Karen OBrien 928-386-1736	8 - 3	B
	July		
Wed. July 5	Hike: Owl's Head. A must do for every young family (1.2 miles round trip). Michael Brewer 518-898-6673	9 - 12	B
Thurs. July 6	Hike: Baxter MT. Meet at LPES. John Spear and ?? johnlspear@gmail.com 518-586-1688	9 - 12	C
Thurs. July 6	Hike and Swim: Copperas Pond. Meet at LPES. Carrie Wardlaw 518-524-0014 & Tait Wardlaw 435 647-6649	10 - 3	C
Fri. July 7	Evening Advanced Moonrise MT Bike Ride MT Van hoevenberg. Bonfire after the ride. Caitlin Scufka 524-1549 & Colin Delaney	6 - 8 PM	B
Sat. July 8	Balanced Rocks Hike and Fun at North Country School. Swim, play, barn tour. Melanie Damico 424-6946, David Damico, and Debbie Erenstone 524-8496 derenstone@gmail.com	9 - 3	C
Sat. July 8-13	NH Presidential Traverse Epic Trip Ben Frantz and Mimi Frantz 637-9889		
Tues. July 11	Stand Up Paddleboard & Cobble Hill Hike Melanie Damico 424-6946 Karen Delaney	9 - 3	B

LAKE PLACID CENTRAL SCHOOL, 34 SCHOOL STREET, LAKE PLACID, NY 12946

• LEARNING FOR LIFE •

Tues. July 11	Hike: Balanced Rocks. John Spear johnlspear@gmail.com 586-1688	9 - 12	C
Thurs. July 13	Hike: Hurricane MT via Crow Clearing (5 mi. round trip) Meet at LPES at 9 can transport 5 additional people Wendy Fox 524-0489 wendyfox18@gmail.com Troy Morgan, Roseanne VanDorn	9 - 4	B
Fri. July 14	Hike: Cascade and Porter. Debbie Erenstone 524-8496 derenstone@gmail.com Amanda Cash amandakcash@gmail.com	8 - 3	B
Sat. July 15	Hike: Marshall. Meet at LPES. Trip Leader Dave Balestrini 524-0446	7 AM - 7 PM	A
Tues. July 18	MT Biking: Whiteface Not for beginners Ben Frantz 524-4748	9 AM	
Wed. July 19	Picnic and Swim: Rocky Falls Jen Briggs 418-9478 Brandon Boutelle	9 - 1	C
Thurs. July 20	Hike, Blueberry Picking, & Swim: Catamount MT and AuSable River 1.8 mi one way, ascent 1542 ft Robin A. 524-1970 & Joan Kelleher 837 - 0012	8 - 2	B
Fri. July 21	Hike and Swim: Wright Peak and Heart Lake 7.6 mi round trip, ascent 2400 ft. Melanie Damico & Debbie Erenstone 524-8496 derenstone@gmail.com	8 - 2	B
Sun. July 23	Hike: Copperas, Owen, & Winch Ponds. meet at LPES 10 AM. 3.5 mi Carla L. Navara 518-637-5838 Karen Meimis 518-637-5838	10 - 3	C
Mon. July 24 - Fri. July 28	Johns Brook Lodge Trip		A
Thurs. July 27 - Sun. July 30	Ironman Oval Volunteering		
Sat. July 29	Hike & Swim: Jay Range Hike and AuSable River. Caitlin Scufca 524-1549 & Colleen Scufca	9 - 3	B
Sun. July 30	Fishing Trip possibly with canoes and guide. If you need to borrow a rod, we would need to know Melanie 424-6946 and David Damico 304-3030	Time TBD	B
	August		
Wed. August 2	Kayaking: Fullensby Pond. meet LPES 9:00 AM 2 nd meeting 9:30 @ Lake Placid Boat Launch 6-8 kids. Anne Brewer 315-723-9709 Shir Filler	9 AM	B
Fri. August 4	Evening Advanced Moonrise MT Bike Ride MT Van hoevenberg. Bonfire after the ride Caitlin Scufka 524-1549 & Colin Delaney	6 - 8 PM	B
Sat. August 5	Sailing: Lake Placid (weather permitting) Jeff and Debbie Erenstone 524-8496	10 - 2	
Tues. August 8	MT Biking: Whiteface Not for beginners. Ben Frantz 524-4748	9 AM	
Wed. August 9	Rocky Falls. Darcy Norfolk 524-6246 Cali Brooks 524-4779 Tracy Smith 225-9048	9 - 1	C
Wed. August 9	Try Ski Jumping @ Lake Placid Ski Jumps. must be able to alpine or nordic ski. Colin Delaney 524-2115	2 - 5	
Wed. August 9	Hike: Big Slide. Sarah smrock@gmail.com 637-8925	8 - 4	B

LAKE PLACID CENTRAL SCHOOL, 34 SCHOOL STREET, LAKE PLACID, NY 12946

• LEARNING FOR LIFE •

	and Marc Galvin		
Thurs. August 10	Boat and Hike Whiteface from Whiteface Landing w/ Swim. Meet at Holiday Harbor Marina. Galen Crane 524-6975. Kevin Brady 524-1445	8 - 3	A
Fri. August 11	Hike: Giant and Rocky Peak Ridge Deb Erenstone 524-8496 and Shir Filler	8 - 4	A
Tues. August 15	MT Biking: Whiteface. Not for beginners. Ben Frantz 524-4748	9 AM	
Tues. August 15	Hike and Swim: Mount Jo & Heart Lake. Darcy Norfolk 524-6246. Teresa Brady 917-863-7485. Tracy Smith 225-9048	9 - 1	C
Tues. August 15	Rocky Falls Trip Melanie Damico 424-6946 Tammy Loewy	9 - 3	C
Wed. August 16	Hike: Jay Range . meet at Jay Village Green @ 8 AM (In front of Ward Theatre/JEMS). 8-9 miles total. Chris Fey 524-3985 Shir Filler 637 - 9251	8 - 3	B
Wed. August 16	Hike: Nun Da Go Ridge Sarah Galvin smrock@gmail.com 637-8925 Tracy Bashaw	9 - 5	A
Thurs. August 17	Hike: Flume Knob John Spear johnlspear@gmail.com 586-1688	9 - 12	C
Fri. August 18	Hike: Algonquin and Iroquois Deb Erenstone 524-8496 Shir Filler	8 - 3	A
Sat. August 19	Hike: Big Slide Meet at LPES Trip leader Dave Balestrini 524-0446	9 - 5	B
Sun. August 20	MT bike, relay races, paintball, and FUN Mt. Van Hoevenberg Melanie 424-6946 and David Damico		C
Mon. August 21	Hike & Swim: Wright Peak & Heart Lake 7.6 miles round trip (5-7 hours) Michael Brewer 898-6673	9 - 3	B
Wed. August 23	Hike and Swim: Algonquin and Heart Lake 8 miles round trip (ascent 2936 ft) Michael Brewer 898-6673	9 - 4	A
	September		
Sat. Sept. 2	Kids MT Bike Race Hardy Road, Wilmington Details will be forthcoming Mary Werner		
Fri. Sept. 8 -	Harvest Moon Night Hike up Mt. Jo. Meet at LPES at 5 pm. Eat beforehand, and pack a snack for the top. Pick up at LPES 9:30 pm Melanie Damico 424-6946 Wynde Kate	3 PM	
Sept.	Whitewater Rafting Trip. Details will be forthcoming		

For a more up to date electronic calendar (for additions, revisions, weather re-schedules, general information) go to www.lakeplacidoutingclub.org

Again this year:

Available for purchase at Dr. Balestrini's dental office or by the honor system and check (no cash please) under the LPOC photo board in the LPES Foyer:

LPOC Baseball caps:

\$12

LAKE PLACID CENTRAL SCHOOL, 34 SCHOOL STREET, LAKE PLACID, NY 12946

• LEARNING FOR LIFE •

LPOC Water bottles:	\$10
LPOC Adults' shirts:	\$20
LPOC Kids' shirts:	Free after 3rd trip

At LPES please leave checks (noting items purchased) in envelope. Thanks for your support.

Lake Placid Outing Club Mission Statement:

LPOC is an outdoor organization providing a safe, positive, lifelong learning experience for our youth through wilderness activities. LPOC builds self-esteem through the satisfaction of achievement, caring for others, and stewardship of the environment. All is accomplished while having fun in the mountains.